

# Community Water Fluoridation

## Preventing Tooth Decay for a Lifetime Two Ways



When children are young, fluoride that is swallowed enters the bloodstream and combines with calcium and phosphate as the tooth is formed under the gums.



These teeth are more resistant to decay throughout childhood and the teenage years.



For people of all ages, fluoride in beverages and foods mixes with the saliva.



Saliva neutralizes acid produced by bacteria on teeth, and the fluoride heals the teeth and protects them from further decay.

